



PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

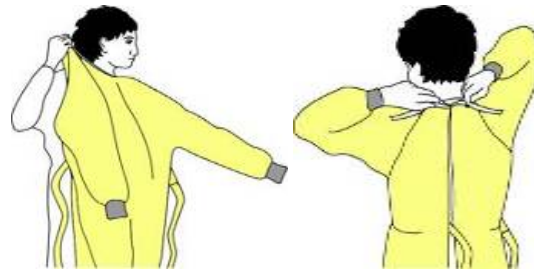
1) Clean
Your
Hands



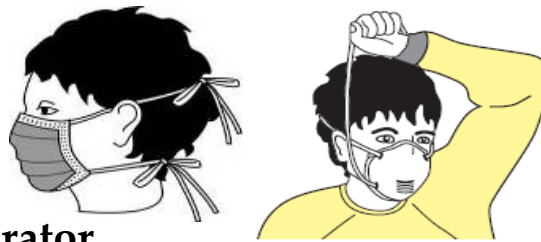
or



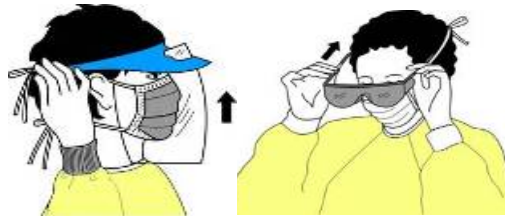
2) Put On
Gown



3) Put On
Mask
Or
N95 Respirator



4) Put On Eye
Protection



5) Put On
Gloves



How to Safely Use PPE

- Keep gloved hands away from face
- Avoid touching or adjusting PPE while wearing
- Replace gloves if they become torn
- Limit surfaces and items touched



1) Clean Your Hands

- Use Alcohol-based Hand Rub when hands are not visibly soiled
- Use soap and water when hands are visibly soiled
- Avoid using the patient/resident sink

2) Put on Gown

- Select appropriate size and type
- Opening to the back
- Secure neck and waist

3) Put on Mask

- Use a fluid resistant procedure mask or surgical mask or one step mask with attached eye protection
- Place over nose, mouth and under chin
- Fit flexible nose piece over nose bridge
- Secure on head with ties or ear loops
- Adjust fit

Or N95 Respirator

- Select respirator according to fit testing
- Place over nose, mouth and chin
- Fit flexible nose piece over nose bridge
- Secure on head with top, followed by bottom elastic
- Adjust to fit
- Perform a fit check:
 1. Inhale - respirator should collapse
 2. Exhale - check for leakage around face

4) Put on Eye Protection

(Unless one step mask with attached eye protection)

- Position goggles over eyes and secure to the head
- Position face shield over face and secure
- Adjust to fit comfortably

5) Put on Gloves

- Select correct type and size
- Extend gloves over cuffs of isolation gown

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- Keep gloved hands away from face
- Avoid touching or adjusting PPE while wearing
- Replace gloves if they become torn
- Limit surfaces and items touched