

PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)



or



1) Clean Your Hands

- Use alcohol-based hand rub when hands are not visibly soiled
- Use soap and water when hands are visibly soiled
- Avoid using the patient/resident sink



2) Put On Gown

- Select appropriate size and type
- Opening to the back
- Secure neck and waist



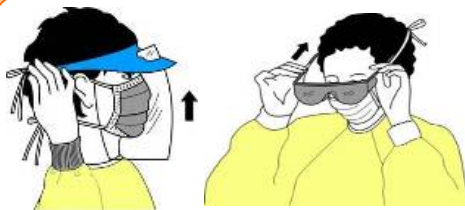
3) Put On Mask

- Use a fluid resistant procedure mask or surgical mask or one step mask with attached eye protection
- Place over nose, mouth and under chin
- Fit flexible nose piece over nose bridge
- Secure on head with ties or ear loops
- Adjust fit



Or N95 Respirator

- Select respirator according to fit testing
- Place over nose, mouth and chin
- Fit flexible nose piece over nose bridge
- Secure on head with top, followed by bottom elastic
- Adjust to fit
- Perform a fit check:
 1. Inhale - respirator should collapse
 2. Exhale - check for leakage around face



4) Put On Eye Protection

(Unless one step mask with attached eye protection)

- Position goggles over eyes and secure to the head
- Position face shield over face and secure
- Adjust to fit comfortably



5) Put On Gloves

- Select correct type and size
- Extend gloves over cuffs of isolation gown

How to Safely Use PPE

- Keep gloved hands away from face
- Replace gloves if they become torn
- Avoid touching or adjusting PPE while wearing
- Limit surfaces and items touched